

| <b>DO</b>           | <b>DON'T</b>                      |
|---------------------|-----------------------------------|
| Cover head and hair | Panic                             |
| Equip goggles       | Wear makeup                       |
| Wear gloves         | Wear contacts                     |
| Wet mask            | Bring children or vulnerable pops |
|                     | Run after exposure                |

## Treatment Instructions

### Tear gas exposure

- 1) Equip all PPE
- 2) Help people walk to clean, ventilated area
- 3) Do not let anyone sit down
- 4) Spray baking soda solution in/on affected areas
- 5) Give bottle of water

### Pepper spray exposure

- 1) DO NOT TOUCH AFFECTED AREA
- 2) Tell victim to blink rapidly
- 3) Have victim kneel next to bench or ledge
- 4) Shake gallon bag to make bubbles
- 5) Open bag however allows victim to submerge face in water
- 6) Assist victim in submerging face with eyes open for 10-second intervals (Soap is from baby shampoo and **will not hurt**)
- 7) Repeat until pain subsides
- 8) Instruct victim to wash hands in leftover soapy water
- 9) Wash hands thoroughly with soap in real sink if available

### Phone numbers

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